

# St Paul's Medical Centre

March 2006

Newsletter



Tel: 01228 524354  
Fax: 01228 616660  
E Mail: admin@spmcc.co.uk

## Staff News

### Dr Helen Lawrence

Dr Lawrence has recently joined the team replacing Dr Brian Scroggie. She will be working the same hours as Brian so will be available at both surgeries. Any patients previously registered with Brian can now see Helen or any of the other doctors.



### Dr Marcus Rieborn

Marcus left us on 7th February to go on to his next post at the hospital, he will return to us in two years time for the second part of his gp training.

### Dr Darren Hymers

Darren has re-joined the practice for his second part of his gp training, some of you may remember him from a couple of years ago. He is full time and will be with us until September this year.

### Dr Martin White

We also have a second registrar Martin is part time, working Wednesday - Friday and he will be with us for six months.

Both Darren and Martin are coming to the end of their general practice training so will be needing visual evidence of their work. Both will be videoing some of their consultations. No videos will be taken without patient consent; they are for training purposes only and will be reviewed by their

supervisors and all are treated with the utmost confidentiality.

### Dr Sally Roberts

Some of you may have noticed Sally is once again pregnant, she is expecting her fourth child and will be taking maternity leave from the end of March. She will be returning to work April 2007.



Dr Anke Selbmann will be running the Well Woman clinics alongside Nurse Mandy Dixon whilst Sally is off.

### Dr Beccy Greaves & Dr Sean Hudson

Whilst Sally is off on her maternity leave we will have two locum doctors working with us; Dr Beccy Greaves will be with us from April - end of Aug. Sean Hudson some of you will know as he has worked with us before; he will be with us from August until Sally returns in 2007.

### Dr Richard Barnsley

Dr Barnsley is now a gp with a specialist interest in Ophthalmology (eyes). He currently works at the hospital on a Thursday and he is now running a clinic at our Arnside House surgery on a Wednesday afternoon. Patients are referred to this service through the choose and book system. He will be seeing patients from surgeries throughout Cumbria. He will now be off each Friday afternoon; as a result there will be a reduction in his routine appointments.



## **Glenys Butcher**

A welcome return to the reception team  
Glenys is back with us full time, working  
between both surgeries.

## **Appointments**

At times it can be difficult to book an appointment; as a practice we like to offer a range of appointments at both surgeries. Patients can book appointments up to 6 weeks in advance - your doctor may ask you to come back in 3-6 months in which case you will be asked to call back to book in. We don't make the books up too far in advance to avoid cancelling too many appointments. We do also offer a limited number of book on the day appointments and always have a short consultation surgery running each day at St Pauls.

The Short consultation surgery is ran jointly by a doctor and a nurse (so you may see one or the other or both) and usually runs from 2.30 - 5.30 Monday - Friday (occasionally it is 2.00 - 5.00). Patients can book into this surgery for very quick appointments - no more than 5 minutes. They are designed for acute problems that have just happened or issues that can be dealt with very quickly, for instance contraceptive pill checks or blood pressure checks. If you have a long standing problem or numerous issues to discuss this surgery would not be suitable. If you attend this surgery and the doctor or nurse feel they don't have enough time to deal with your problem you may be asked to make another appointment.

It is very important that you let us know if you cannot keep an appointment; we can lose up to 50 appointments per week that could have been offered to others.

## **Training Afternoons**

Each month we are able to close for a training afternoon, these are normally Tuesday, Wednesday or Thursday. It is our choice whether to close or not and during peak times the surgery will remain open. When we close, Arnside House is closed all afternoon and St Pauls will be closed between 1.00 and 5.00 - during this time emergencies will be covered by CueDoc. We are next due to close on Thursday 23rd

March and then Tuesday 25th April.

## **Easter Opening Hours**

Both surgeries will be closed from Thursday 13th April (5.30pm at Arnside and 6.30 pm at St Pauls) and re-open on Tuesday 18th April - during this time CueDoc will be available for emergencies.

Please allow extra time if ordering prescriptions around this time.

## **Arnside House**

Can we just remind everyone or inform those of you that don't know, we no longer have 37 Arnside Road as our branch surgery. In June 2004 we opened a bigger branch surgery called Arnside House which is on Sycamore Lane, just off Garlands Road at Carleton. If you have not attended this surgery before please let the receptionist know if you need directions.

This surgery was opened to allow for expansion of services; the main building at St Pauls was purpose built 14 years ago but we are now full to capacity. With the opening of Arnside House all doctors and nurses work between the two sites; we do appreciate that this may not be convenient for every patient and it does reduce the amount of availability at St Pauls. However the building was desperately needed to ensure that we can continue to improve and update our services that we offer.

## **Information Services**

In order to keep our patients informed and up to date, this year we will be introducing a new system to the waiting areas. There will be 'TV' screens positioned both at St Pauls and Arnside House. These will give information relating to the surgery, services provided, forthcoming changes and also any topical health related issues.

Our aim is to keep you involved and let you know what we are doing and what is going on in the NHS. You will see these screens in the next few months.

We also will have a new updated practice leaflet that you will see in reception within the next few months. It is undergoing an update following Brian Scroggies departure.

## **Patient Forum**

You may remember from previous newsletters that we have recently set up a Patient Forum that meets every three months. Currently patients are invited from a variety of age groups. If you would like to be involved with this group you can apply in writing to the practice manager Mrs Tracey Scott at St Pauls Medical Centre.

These information services including this newsletter are designed to keep you the patient informed and up to date.

If there are issues or areas that you would like to know more about you can contact us by writing to Tracey Scott the Practice Manager or Sharon Wilson, Reception Supervisor at St Pauls Medical Centre, Carlisle, CA1 1DG or you can e mail us on [admin@sPMC.co.uk](mailto:admin@sPMC.co.uk). You can also fax us on 01228 616660.

You can also use the space left on this page and hand in at reception.

What would you like to see in the Newsletter?

What issues do you want to know more about?

What would you like to see on the new visual screens in the waiting areas?

We would welcome any suggestions or input from yourselves.

Suggestions for information: Please pass to Sharon Wilson